

Texas / Big Bend NP

Hot Springs Canyon

DISTANCE: 6 miles

ELEVATION GAIN: 1000 feet

ROUTE TYPE: Out & Back

This is a great trail, going along the Rio Grande river into the Hot Springs Historic District. The trail has great views and vegetation, some historic sites (Native American carvings!) near the end at hot springs.

Fantastic hike out from the Rio Village store to the hot springs and the old health spa buildings. Nice to soak your feet at the springs.

Don't be fooled into thinking this is easy for this elderly woman but in my opinion is one of the best in the park. Lots of different ecosystems to see. We hiked from the rv campground to trailhead and added a bit to the trip, but it's flat to get there for a 7 mile round trip. Don't be confused with the drive in 1 mile trip. If you can only do one trail this is my choice

Great trail and probably one of the most go-to trails at BB. There are some historical buildings with info that you can see (when the hot springs was a therapeutic clinic). The hot springs come up from the Rio Grande and you can see Mexico on the other side of the river and sometimes some Mexicans fishing. Many just stop at the springs, but if you keep going there is an awesome trail that winds up a cliff that overlooks the springs. There are remnants of houses made from the slate rocks that are all over the place up there where supposedly the man that lived on the property lived originally. The story goes that he rigged up a bucket that drew hot water from the springs whenever he wanted. Over all, great history, great views, and warm springs.

