

Utah / Great Salt Lake

Frery Peak

DISTANCE: 7 miles

ELEVATION GAIN: 2400 feet

ROUTE TYPE: Out & Back

This trail took me 24,000 steps. It was my first summit and it kicked my butt. This trail should be rated hard. It was the most amazing hike. The views were out of this world. There was a Buffalo on the trail on the way down. it was an excellent way to get pictures without being in danger. Then we just hiked up and around him. We just happened to get a day with excellent weather. I love this trail. FYI: There is no Geocache at the summit.

The trail is well marked and easy to follow. It is fully exposed so be cautious on hot sunny days. There is no water along the trail, you must carry enough. it can be very buggy in early summer, but they are mostly gone by August. Be careful with dogs, we once took our Siberian Husky and the hot sharp rocks on the trail tore up her pads before we reached the peak so we had to turn around.

this trail if pretty easy. only part that gets difficult is the last mile. for the most part very scenic. I hiked it at 6:15pm 8/11/19 and watching the sunset was majestic. it will take a solid 3 hours if you stop here and there but I would highly recommend doing it regardless. Antelope island is a sleeper.

